

Five Opportunities

Soft Skills Workshop Series

5 Steps to a Fulfilling Year



YOUR Steps - YOUR Plans - YOUR Needs - YOUR Goals



The choice **YOU** must make and the Steps **YOU** must take.



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YOUR steps can be anything you want them to be. Do not limit them by traditional thoughts. Once we find what is important to us personally, our first steps will be easy, and our goals will naturally follow. Take a few steps that can help ensure a fulfilling year to come both personal and professional.

“Focus YOUR goals and plans on what is meaningful in YOUR life to ensure YOUR steps lead to a fulfilling next 12-months.”



Physical Steps

Sometimes it is taking that first step.

I am sure something comes to mind when you hear this statement, “All I need to do is take the first step.” This could be a good starting point for YOUR fulfilling year.

“Even at 1mph, you will go 24 miles in a day.”



Personal Steps

What are you going to change?

Our steps can come from something that is near and dear to our heart and very personal. Goals and dreams originate from many different places, don't limit them to what the world says they should be.

“If I could take a magic wand and wave it over my life, what would I change or make better?”



Professional Steps

Lofty goals require lofty actions.

Steps in our professional lives can be driven from many different areas. You are the only one who really knows what drives you when it comes to the passion you have for your occupation or job.

“Do not limit yourself to what you physically see, look beyond and imagine through lofty goals, then take YOUR next lofty steps.”



Volunteering Steps

Satisfy a different kind of hunger.

At times it is not all about us and we need to take the steps and serve others to satisfy a different kind of hunger and drive within us.

“A fresh perspective can stir emotions inside that will have us taking steps into uncharted territories. Seek helping others to fill that cup.”



Steps of Forgiveness

It might be time to release the baggage.

Whether we are right or wrong, the baggage from unforgiveness can be a heavy burden. Forgiveness can become the best remedy for YOUR next steps to a fulfilling year.

“Maybe it is time to take the step of forgiveness and just let it go.”



ACTION Items

- Journal each point in this slide deck with your own thoughts and feelings that has surfaced.
- List out the Five opportunities and apply them to your current personal and professional journey.
- Select which point(s) struck you the most and act on them.





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